



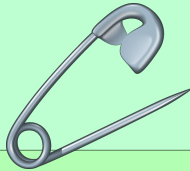
# 6 Tips For Handling Pandemic Fatigue



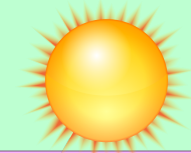
**Strengthen your relationship with God**



**Stay at a distance physically—but not socially**



**Continue to practice COVID-safe behavior**



**Adapt to changing seasons**



**Make the best of your current circumstances**



**Stick to a routine**

